



# RESUSCITATION GUIDELINES **CHANGES**

Effective from JANUARY 1, 2011



Following a recommendation from the Australian Resuscitation Council (ARC), **St John Ambulance Australia has introduced some minor changes to resuscitation guidelines.**

The changes were designed to make it easier to remember how to perform resuscitation in an emergency.

The first change emphasises the importance of **calling an ambulance as soon as you are aware that you have a person who is not responding.**

The second emphasises the importance of **starting resuscitation by performing chest compressions.**

**This is a good time to learn first aid.**

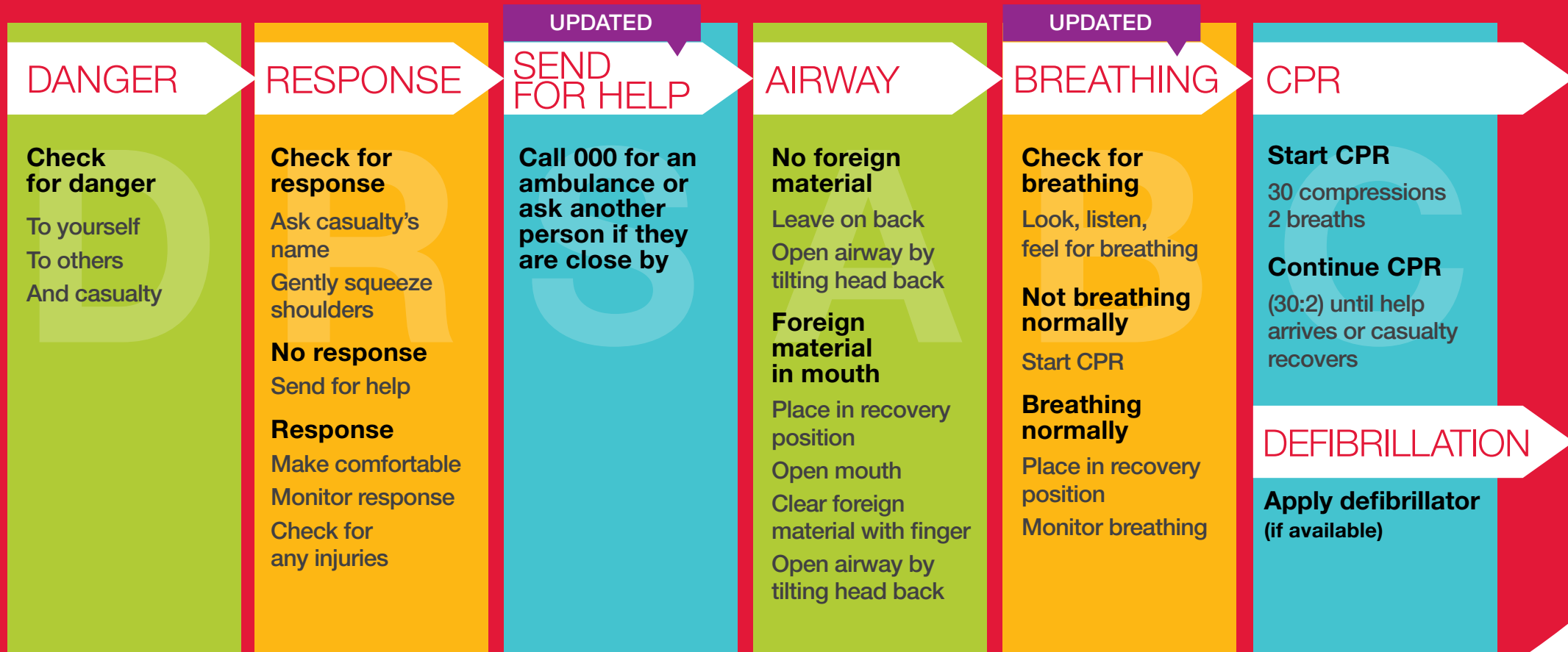
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**St John**

# DRSABCD ACTION PLAN



For more information:

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