

# DRSABCD Action Plan

In an emergency **call triple zero (000)** and ask for an ambulance

## D

### DANGER

Ensure the area is safe for your self, others and the patient



## R

### RESPONSE

**Check for response**—ask name—squeeze shoulders

**No response**

**Response**

Make comfortable

Monitor response



## S

### SEND for help

**Call triple zero (000) for an ambulance**

or ask another person to make the call



## A

### AIRWAY

**Open mouth**—if foreign material present

Place in recovery position

Clear airway with fingers



## B

### BREATHING

**Check for breathing**—look, listen, feel

**Not normal breathing**

Start CPR

**Normal breathing**

Place in recovery position

Monitor breathing



## C

### CPR

**Start CPR—30 chest compressions : 2 breaths**

Continue CPR until help arrives  
or patient recovers

baby

child

adult



## D

### DEFIBRILLATION

**Apply defibrillator** if available  
and follow voice prompts

